

*“Being a great parent is part natural, part learned.”*

# FREE PARENT EDUCATION WORKSHOP

Parent Cafés are focused, small group conversations with other parents facilitated by a Parent Educator from the Family Center of Washington County.

Topics of conversation will include:

- ✚ Communication with your child
- ✚ Setting clear expectations and limits
- ✚ Handling Anger & Praise
- ✚ Becoming more self-confident as a parent



**Two Part Workshop**  
**Tuesdays, July 24 and 31, 2018**  
**6 – 7:30 P.M.**

**FAMILY CENTER OF WASHINGTON COUNTY**  
**383 Sherwood Drive, Montpelier, VT**  
**(Early Childhood Building)**

**For more information or to register and reserve child care, call**  
**Christopher Robertson at the Family Center:**  
**262-3292, x 115 or email: [christopherr@fcwcv.org](mailto:christopherr@fcwcv.org)**

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