

*“Being a great parent is part natural, part learned.”*

## FREE PARENT EDUCATION WORKSHOP

Parent Cafés are focused, small group conversations with other parents facilitated by a Parent Educator from the Family Center of Washington County.

Topics of conversation will include:

- ✚ Communication with your child
- ✚ Setting clear expectations and limits
- ✚ Handling Anger and Praise
- ✚ Becoming more self-confident as a parent



*(Snacks, coffee and tea included)*

**Two Part Workshop**  
**Wednesday, December 2 & 9, 2015**  
**6 – 7:30 P.M.**

**ALDRICH PUBLIC LIBRARY**  
**6 Washington Street, Barre, VT**  
**(Downstairs in the Milne Room)**

**For more information or to register and reserve child care, call**  
**Christopher Robertson at the Family Center:**  
**262-3292, x 115 or email: [christopherr@fcwcv.org](mailto:christopherr@fcwcv.org)**

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