



AND



*Present:*

# Parenting: & **Limits**

- Does your child act up when you say “no?”
- Do you want to improve your relationship with your child?
- Do you feel at the end of your rope most days?
- Do you feel your child doesn’t listen to you?

Join this 6-week parenting group that will address specific challenging behaviors and enhance your skills to deal with them.

This group is for parents of children ages 3-8.

**When:** 6 Thursdays, October 15-November 19, 2015  
5:30-7:30 p.m.

**Where:** Family Center of Washington County  
383 Sherwood Drive, Montpelier

**Insurance Accepted.**

**Child care and  
light dinner provided.**

**Facilitated by:**

Roberta Garland, MSW, LCSW, Access Clinician, Washington County Mental Health  
Jennifer Auletta, MA, LCMHC, Dance/Movement Therapist, Family Center of Washington County

**\*Class size and child care is limited. Advance registration is required\***

Please call/email for more information or to register

Roberta Garland, 229-0591, [robertag@wcmhs.org](mailto:robertag@wcmhs.org)

Jennifer Auletta, 262-3292 Ext. 135, [jennifera@fcwcv.org](mailto:jennifera@fcwcv.org)